

2025 Seattle Daylight Low Tides - Puget Sound Bivalves

[Click here for WA tide predictions from NOAA Tides & Currents](#)

Most Puget Sound tides are low within 1 hour of the predicted Seattle low tide, occurring earlier in the Strait of Juan de Fuca & Admiralty Inlet and later as one travels north and south from Seattle

Marginal Clam & Oyster Tide
+1.5 to -0.4

These tides generally provide a 4 hour harvesting window around low tide
Good Clam & Oyster Tide
-0.5 and lower
Good Geoduck Tide
-2.0 and lower

February				March			April			May			June			July			August			September			
Date	Day	Time	Tide	Day	Time	Tide	Day	Time	Tide	Day	Time	Tide	Day	Time	Tide	Day	Time	Tide	Day	Time	Tide	Day	Time	Tide	Date
1	SA	no daylight low		SA	1156	2.7	TU	1353	-2.0	TH	1417	-2.8	SU	1538	-0.4	TU	1550	2.0	FR	0524	1.9	MO	0608	1.0	1
2	SU	1400	3.2	SU	1239	1.4	WE	1442	-2.0	FR	1510	-1.9	MO	1632	1.0	WE	1637	3.7	SA	0615	1.4	TU	0713	0.7	2
3	MO	1450	2.0	MO	1325	0.3	TH	1536	-1.5	SA	1608	-0.7	TU	1728	2.5	TH	0642	2.6	SU	0708	0.9	WE	0813	0.3	3
4	TU	1545	1.1	TU	1413	-0.3	FR	1636	-0.7	SU	1711	0.5	WE	0750	3.3	FR	0729	1.6	MO	0801	0.3	TH	0906	-0.3	4
5	WE	1645	0.3	WE	1507	-0.5	SA	1745	0.1	MO	1818	1.6	TH	0831	2.1	SA	0810	0.7	TU	0851	-0.3	FR	0952	-0.7	5
6	TH	1748	-0.2	TH	1608	-0.4	SU	1859	0.7	TU	1926	2.5	FR	0905	1.0	SU	0849	-0.1	WE	0937	-0.9	SA	1033	-0.8	6
7	FR	no daylight low		FR	1716	-0.2	MO	2008	1.2	WE	0919	3.1	SA	0935	0.0	MO	0926	-0.7	TH	1019	-1.4	SU	1113	-0.6	7
8	SA	no daylight low		SA	1829	0.0	TU	no daylight low		TH	0951	2.0	SU	1004	-0.7	TU	1004	-1.3	FR	1100	-1.8	MO	1153	0.2	8
9	SU	no daylight low		SU	no daylight low		WE	1027	3.6	FR	1018	1.0	MO	1033	-1.3	WE	1042	-1.8	SA	1139	-1.9	TU	1234	1.3	9
10	MO	no daylight low		MO	no daylight low		TH	1056	2.7	SA	1043	0.1	TU	1105	-1.8	TH	1120	-2.2	SU	1218	-1.7	WE	1316	2.7	10
11	TU	no daylight low		TU	no daylight low		FR	1121	1.8	SU	1107	-0.6	WE	1140	-2.1	FR	1159	-2.4	MO	1257	-0.9	TH	no daylight low		11
12	WE	no daylight low		WE	no daylight low		SA	1145	1.0	MO	1134	-1.2	TH	1217	-2.3	SA	1239	-2.4	TU	1337	0.3	FR	no daylight low		12
13	TH	no daylight low		TH	1155	3.9	SU	1210	0.2	TU	1204	-1.6	FR	1257	-2.3	SU	1319	-2.1	WE	1418	1.9	SA	no daylight low		13
14	FR	no daylight low		FR	1222	3.1	MO	1237	-0.4	WE	1238	-1.8	SA	1338	-2.2	MO	1359	-1.3	TH	1502	3.7	SU	no daylight low		14
15	SA	1302	3.8	SA	1249	2.3	TU	1308	-0.7	TH	1316	-1.8	SU	1421	-1.7	TU	1441	0.0	FR	no daylight low		MO	no daylight low		15
16	SU	1336	3.1	SU	1317	1.6	WE	1343	-0.9	FR	1357	-1.7	MO	1505	-0.9	WE	1524	1.7	SA	no daylight low		TU	0651	-0.4	16
17	MO	1412	2.4	MO	1347	1.0	TH	1422	-0.8	SA	1442	-1.4	TU	1552	0.3	TH	1611	3.6	SU	0609	-0.6	WE	0802	-0.2	17
18	TU	1452	2.0	TU	1421	0.6	FR	1507	-0.5	SU	1531	-0.9	WE	1642	1.9	FR	0547	1.2	MO	0715	-1.0	TH	0903	-0.1	18
19	WE	1538	1.6	WE	1500	0.5	SA	1559	-0.2	MO	1623	-0.1	TH	0631	3.0	SA	0644	-0.1	TU	0819	-1.3	FR	0954	0.1	19
20	TH	1630	1.4	TH	1544	0.5	SU	1658	0.2	TU	1720	0.8	FR	0723	1.3	SU	0741	-1.1	WE	0918	-1.6	SA	1037	0.6	20
21	FR	1730	1.1	FR	1637	0.7	MO	1802	0.5	WE	1820	2.0	SA	0812	-0.4	MO	0836	-2.0	TH	1009	-1.7	SU	1116	1.4	21
22	SA	1833	0.6	SA	1739	0.7	TU	1907	0.9	TH	0804	3.1	SU	0859	-1.9	TU	0930	-2.6	FR	1055	-1.5	MO	1152	2.4	22
23	SU	no daylight low		SU	no daylight low		WE	2007	1.3	FR	0846	1.2	MO	0945	-3.0	WE	1020	-2.9	SA	1136	-1.0	TU	1227	3.5	23
24	MO	no daylight low		MO	no daylight low		TH	0922	3.5	SA	0927	-0.6	TU	1032	-3.7	TH	1107	-2.9	SU	1214	-0.1	WE	no daylight low		24
25	TU	no daylight low		TU	no daylight low		FR	0958	1.6	SU	1008	-2.2	WE	1119	-3.9	FR	1152	-2.6	MO	1251	0.9	TH	no daylight low		25
26	WE	no daylight low		WE	no daylight low		SA	1036	-0.2	MO	1051	-3.4	TH	1205	-3.7	SA	1235	-2.0	TU	1326	2.2	FR	no daylight low		26
27	TH	no daylight low		TH	no daylight low		SU	1116	-1.7	TU	1135	-4.0	FR	1252	-3.1	SU	1315	-1.0	WE	1403	3.6	SA	no daylight low		27
28	FR	no daylight low		FR	1107	2.7	MO	1157	-2.9	WE	1220	-4.1	SA	1337	-2.3	MO	1354	0.2	TH	no daylight low		SU	no daylight low		28
29				SA	1145	1.0	TU	1241	-3.4	TH	1308	-3.6	SU	1422	-1.1	TU	1433	1.7	FR	no daylight low		MO	no daylight low		29
30				SU	1225	-0.4	WE	1328	-3.4	FR	1357	-2.8	MO	1506	0.3	WE	1511	3.3	SA	no daylight low		TU	no daylight low		30
31				MO	1308	-1.5					SA	1447	-1.8				TH	no daylight low		SU	no daylight low				31

This table includes all low tides that are at least +3.9 foot or lower 1 hour before official sunrise through 1 hour after official sunset.

Times based on 24 hour clock: the day runs from midnight to midnight and is divided into 24 hours, indicated by the hours passed since midnight, from 0 to 23.

Time translation: 0600 = 6am; 0700 = 7am; 0800 = 8am; 0900 = 9am; 1000 = 10am; 1100 = 11am; 1200 = noon; 1300 = 1pm; 1400 = 2pm; 1500 = 3pm; 1600 = 4pm; 1700 = 5pm; 1800 = 6pm; 1900 = 7pm; 2000 = 8pm